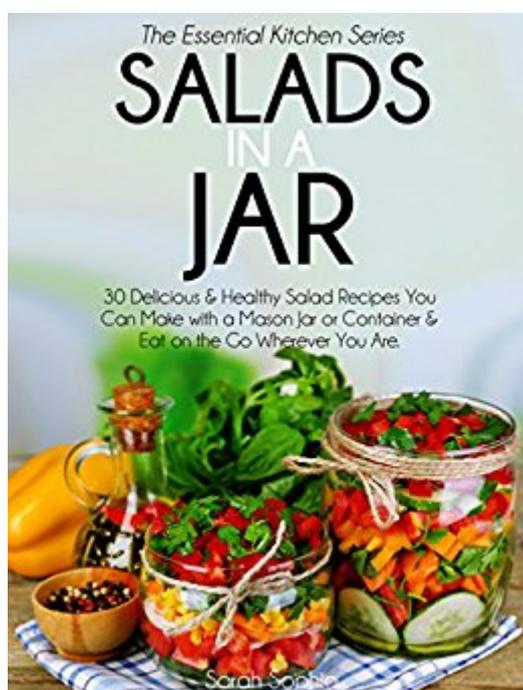


The book was found

# Salads In A Jar: 30 Delicious & Healthy Salad Recipes You Can Make With A Mason Jar Or Container & Eat On The Go Wherever You Are (Essential Kitchen Series Book 24)



## Synopsis

Salads in a Jar Don't You Hate When You're Out and About and You Need a Delicious, Nutritious Meal... But All the Food Joints Only Sell Greasy, Processed, Fast - and Let's be Honest Disgusting - Food? If you're like me and hate this then you're going to love Salads in a Jar as you'll never have to deal with this again. Instead, you'll always have a delicious meal close at hand. One that not only tastes amazing, but that you can make in advance and store for days so you're always ready for what life throws at you. No matter how busy you are! In this book you'll get:30 amazingly delicious salad recipes that are perfect for anyone looking to be a little healthier. We've got a wide range of recipes for you, and no matter what your tastes are you're going to love this book. So, never skip a meal again, be forced to eat junk food, or run out of time for cooking. Simply get the best book available on making salads in a jar and you'll be ready for whatever your busy life throws at you.And not only that, but your salads will look beautiful and be the envy of your friends. Grab your copy of Salads in a Jar by clicking the buy now button. P.S Don't forget to grab your awesome free gift inside the book, just our way of saying thanks for buying • A Book From The Essential Kitchen Series - Check Us Out On Facebook Tags: cookbook, cooking, recipes, cook book, recipe book, recipe, healthy recipes, food, eating

## Book Information

File Size: 979 KB

Print Length: 63 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 10, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00PHSJFHO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #142,037 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #24

inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Vegan & Vegetarian > Salads #61  
inÂ Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Salads #147 inÂ Kindle  
Store > Kindle Short Reads > 90 minutes (44-64 pages) > Cookbooks, Food & Wine

## Customer Reviews

This is a fun easy way to make lunches ahead of time to avoid skipping meals. The Mason jars make a neat party favor for small get togethers too. There is good information on how to formulate the salads so they will stay crisp and fresh. The Taste of the Mediterranean Salad sounds great for summer.

super ideas

Very unique idea, putting salads in a Mason jar. Many great recipes with very few ingredients. I can't wait to try the California Roll Skeleton Salad and the Zesty Greek Salad.

[Download to continue reading...](#)

Mason Jar Salads: Quick and Easy Recipes for Salads on the Go, in a Jar (mason jar meals, mason jar recipes, meals in a jar, mason jar salads, mason jar lunch, salad to go, quick and easy recipes)  
Salads: 365 Days of Salad Recipes (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Salad) Salads in a Jar: 30 Delicious & Healthy Salad Recipes You Can Make with a Mason Jar or Container & Eat on the Go Wherever You Are (Essential Kitchen Series Book 24) SALADS: The 500 Best Salad Recipes (salads for weight loss, salad, salad recipes, salads, salad dressings, salad dressing recipes, paleo, low carb, ketogenic, vegan, vegetarian, salad cookbook) Best Mason Jar Salad Recipes: 25 Mason Jar Salads for On-The-Go Container Gardening: A Guide to Growing Succulent Container Gardens ( container gardening, succulent container gardening, vegetable container gardening ) Salad Dressing: 59 Healthy Homemade Salad Dressing Recipes For Vegetarian, Vegan, And Plant Based Diet. No Oil. No Mayo. No Vinegar. (Healthy Recipes. Healthy Cookbooks To Keep In Your Kitchen.) Shipping Container Homes: Shipping Container Homes 101, Shipping Container Homes for Beginners, Everything You Need to Know About, Tiny House Living, and...Container Home, Tiny House Living Books The Mason Jar Dessert Cookbook (Mason Jar Cookbook) Mix and Match Salads: Over 30 Easy and Delicious Salads and Dressings That Will Make You Love Salads Salad Dressing Recipes: Top 50 Most Delicious Homemade Salad Dressings: [A Salad Dressing Cookbook] Asian Salads Book: The Ultimate Asian Salad Dressing

Cookbook and Best Asian Salad Recipes You Will Ever Find! Shipping Container Homes: An Essential Guide to Shipping Container Homes with Examples and Ideas of Designs (Shipping Container Home Plans, Tiny Houses) (Volume 1) Salad in a Jar: 68 Recipes for Salads and Dressings Salad Cookbook: Healthy And Delicious Salad Recipes For Helping You Burn Fat And Lose Weight! Kristen Suzanne's EASY Raw Vegan Salads & Dressings: Fun & Easy Raw Food Recipes for Making the World's Most Delicious & Healthy Salads for Yourself, Your Family & Entertaining Mason Jar Salads and More: 50 Layered Lunches to Grab and Go The Mason Jar Cookie Cookbook (Marson Jar Cookbook) Potato Salad Cookbook: Healthy Delicious Potato Salad Recipes Shipping Container Homes: 2 in 1 Bundle: How to Move into a Shipping Container Home and a Comprehensive Guide to Shipping Container Homes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)